

## BREAKFAST

- AVOCADO TOAST** **\$5.99**  
Avocado, pickled red onions, roasted tomatoes & micro greens
- BAGEL WITH CREAM CHEESE** **\$2.99**  
Bagel options: plain, cinnamon raisin & everything  
+ Smoked Salmon **\$4.99**
- BREAKFAST SANDWICH** **\$5.99**  
With fried egg, bacon or house sausage, choice of cheese & choice of bread, biscuit, bagel or wrap
- SOUTHERN FRIED CHICKEN BISCUIT OR NASHVILLE HOT CHICKEN BISCUIT** **\$5.99**
- YOGURT PARFAIT** **\$3.99**  
With granola, berries & local honey
- BREAKFAST BOWL** **\$5.99**  
Choose 4: grits, gravy, bacon, house sausage, eggs, cheddar cheese, black beans, pico de gallo, potatoes & avocado  
Each additional topping: **\$ .50**
- QUICHE DU JOUR** **\$5.99**  
With a side of fruit  
+ a muffin or pastry **\$2.00**
- BISCUITS AND SAUSAGE GRAVY** **\$4.99**
- STEEL CUT OATMEAL WITH BERRIES** **\$3.99**
- BURRITO RANCHERO** **\$5.99**  
With scrambled eggs, black beans, potatoes, sausage, pico de gallo, avocado & cheddar cheese

## SANDWICHES

- **QC CHICKEN SALAD** **\$8.99**  
With Spiedies Chicken Salad, bibb lettuce & tomato on whole wheat
- **ROTISSERIE TURKEY BREAST** **\$8.99**  
With roasted turkey, arugula, tomato, muenster cheese & green goddess dressing on sourdough
- GRILLED CHICKEN** **\$8.99**  
With grilled onions, fontina, arugula & roasted garlic aioli on sourdough
- SALMON BLT** **\$9.99**  
With grilled salmon, tomatoes, bacon, avocado, bibb lettuce & mayonnaise on white bread
- **ROAST BEEF** **\$9.99**  
With grilled onions, fontina, arugula & roasted garlic aioli on sourdough
- **SPICY ITALIAN** **\$9.99**  
With salami, mortadella, capicola, provolone, lettuce, tomato, onion, banana peppers, oil & vinegar on a baguette (pressed)
- **REID'S CLUB SUB** **\$9.99**  
With roasted turkey, ham, bacon, cheddar cheese, Swiss cheese, bibb lettuce, tomato, green goddess dressing & tomato jam on a french roll
- TUNA MELT** **\$9.99**  
With Italian oil cured tuna, tomatoes, capers, red onion, cheddar cheese & arugula on whole wheat (pressed)
- **CHICKEN CAPRESE** **\$9.99**  
With grilled chicken, fresh mozzarella, tomatoes, arugula, pesto aioli & balsamic glaze on a toasted baguette
- CLASSIC REUBEN** **\$8.99**  
With caramelized onions, cheddar cheese, horseradish aioli, arugula & pepper relish on focaccia (pressed)
- COUNTRY CUBAN** **\$8.99**  
With roasted pork loin, ham, Swiss cheese, bread and butter pickles & SC mustard BBQ sauce on a french roll (pressed)
- MUFFULETTA** **\$9.99**  
With salami, mortadella, capicola, provolone, roasted garlic aioli & olive relish on toasted ciabatta

● Recommended for catering

## WRAPS

- BUFFALO CHICKEN WRAP** **\$8.99**  
With romaine lettuce, pepperjack cheese, spicy mayo & blue cheese
- **CHICKEN CAESAR WRAP** **\$8.99**  
With grilled chicken, romaine, parmesan, caesar dressing & croutons
- **CAJUN TURKEY WRAP** **\$8.99**  
With Cajun turkey, ham, swiss, mixed greens, bacon, & honey mustard
- **SPICED TOMATO HUMMUS WRAP** **\$8.99**  
With tomato hummus, portobello mushrooms, avocado, roasted peppers, cucumbers, spinach & feta

## BUILD YOUR OWN SALAD

*Salads are weighed and priced at \$9.99/lb*

### CHOOSE YOUR BASE

Mixed greens, spinach, arugula, bibb or romaine

### CHOOSE TOPPINGS

Goat cheese, blue cheese, feta, fresh mozzarella, parmesan cheese, tomatoes, carrots, peppers, cucumbers, eggs, bacon, croutons, green beans, sun-dried tomatoes, mushrooms, corn, chick peas, artichokes, candied pecans, dried cranberries, walnuts, sesame seeds, pumpkin seeds, spiced almonds, pistachios, pine nuts, fried onions, roasted beets, grilled onions, Kalamata olives, banana peppers, cheese straws, golden raisins, fried jalapeños & mandarins

### CHOOSE YOUR PROTEIN

Grilled chicken, grilled salmon, grilled steak, shrimp, chicken salad or tuna salad

### CHOOSE YOUR DRESSING

Blue cheese, Caesar, poppy, ranch, honey balsamic, red wine vinaigrette, Green Goddess dressing or oil/vinegar

## SOUPS

- ROTATING, SEASONAL SOUPS AVAILABLE** **\$4 | \$6 | \$12**  
Comes in 12 oz, 16 oz, 32 oz

## SIDES

Orzo, quinoa, spiedie chicken salad, cous cous, detox kale, classic potato salad, mustard slaw, fruit salad, pasta salad, curry chicken salad, egg salad, pimento cheese & tuna salad

